



5 Best Podcasts For all your Pre-Med Inquiries

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Podcasts are one of the best ways to learn while on the go and who better to benefit from them than the ambitious and hard-working pre-med on the go (YOU)? Use these podcasts to prepare for your medical school applications and interviews or to satisfy your curiosity about all things med.

1. White Coat Black Art

<https://www.cbc.ca/radio/whitecoat>

Hosted by Dr. Brian Goldman

“Dr. Brian Goldman takes listeners through the swinging doors of hospitals and doctors' offices, behind the curtain where the gurney lies.” This podcast covers medicine from all sides of the gurney and discusses topics ranging from MAID to MeToo in Medicine. A must-listen for anyone seeking to understand current issues in medicine from various perspectives and an excellent starting point for medical interview preparations. Episodes are updated every Saturday.

2. The PreMed Years

<https://medicalschoollhq.net/thepremedyears/>

Hosted by Dr. Ryan Gray

“The PreMed Years has been nominated as an Academy of Podcasters Awards finalist as a top podcast in the Science & Medicine category for three straight years: 2015, 2016 and 2017! This free resource has helped thousands of students learn more about how to get into medical school. Are you next?” The PreMed Years tackles the questions on every pre-med mind including tips on how to sell YOUR story to medical schools. Episodes updated every Wednesday.



Medical Mentor Community

3. The Short Coat Podcast

<http://theshortcoat.com/#readmore>

By Dave Etlar and the students of the University of Iowa Carver College of Medicine

“Is medical school your dream? Good! But remember: the journey is uncertain, expensive, and bumpy. Luckily, The Short Coat Podcast comes to you each and every week, is totally free, and most important: our student co-hosts tell you what it’s really like, from the first year to the last, and beyond.” The Short Coat show takes you behind the scenes of medical school and gives you an unfiltered look at the roller-coaster ride called Being a Med Student.

4. The PreMed Voice

<https://www.sjtcher.com/podcast/anchor-podcasts/the-premed-voice>

Hosted by Payton Smith.

“For premeds by premeds! Hear the stories of our premedical journeys! This podcast gives us (i.e. premeds) the opportunity to let our voices be heard. It's our place to share our stories, concerns, and advice for each other! In the end, we're on this journey together. The PreMed Voice Podcast is brought to you by the premedical students of www.PreMedSTAR.com.” What better place to learn about being the best pre-med out there than a podcast hosted by other pre-meds? Hear the challenges, frustrations, tips and tricks discovered by fellow future colleagues all around the world, in the same boat as you. Plus, with the episodes being only 13 minutes long, they'll fit perfectly into your schedule.

5. Sick Boy

<http://sickboypodcast.com>

Hosted by Jeremie, Brian and Taylor.

“Sickboy Podcast is hilarious, ridiculously insightful and absolutely determined to break down the stigma associated with illness and disease! The show started with three best friends who recognized that when faced with difficult situations, illnesses and diseases, people tighten up, they get awkward, and they simply don't know what to say. Taking the lead from Jeremie's life long battle with Cystic Fibrosis, the boys help people understand that sometimes the best way to deal with illness, disease and life is simply to laugh.” As pre-meds, we all understand the difference between disease and the experience of being ill – what better way to appreciate this than by Sick Boy's own experiences and discoveries?

